

## Lets Talk About Wee, Poo and the Toilet! Understanding and supporting your neurodivergent child's toileting



- Part One: ERIC will help you to understand how the bowel works, what can go wrong and what to do about it.
- Part Two: Focussing on children with additional needs. ERIC will encourage us to use our knowledge of how the bladder and bowel work to shape toileting programmes.

It is essential to follow the learning journey to attend both part 1 & 2 No diagnosis needed.

Part 1: Tuesday 14th March 12:00-14:00

Part 2: Tuesday 28th March 12:00-13:30

This is an online workshop via ZOOM 🔼



Book your space Click on eventbrite at

www.linktr.ee/askaboutautism

Please note limited tickets are available if unable to come please release your ticket to benefit other families

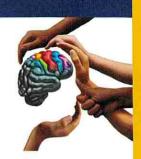
We are here to help...











## Autism, The Internal Presentation (Including undiagnosed)



This workshop will be delivered by Cathy Wassell, CEO of the Autistic Girls Network and Neurodivergent Mum of two autistic teens. This workshop is aimed for Hampshire parent carers of *all* autistic children.

- ★ Understand why autistic girls are often missed and their issues not validated
- \* Understand the signs of an internal presentation of autism
- \* Understand the concept of autistic masking
- **★ Understand the concept of autistic burnout**
- \* Identify what being autistic means to the young person

Online workshop via ZOOM



Wednesday 22nd March 7-9pm

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## Share & Support for Parent Carers



Come for a chat and coffee, share ideas and gain support. (Free parking available onsite at all venues)

Basingstoke
Starts at 10.00-12.00
Thursday 2nd
March
Hampshire Court

RG248FY

(Register car reg at reception)

Havant Starts at 10.30-12.30 Monday 6th March Tesco Extra

Community Room Solent Rd, PO9 1TR (Parking free for 3hrs)

Fareham
Starts 10:30-12.30
Tuesday 7th March
Lysses House Hotel

51 High Street PO16 7BQ (Park through the arch) Winchester Starts at 10.30-12.30 Weds 8th March Premier Inn

> Winnall Manor Rd SO23 7RT

(Register car reg at reception)



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