

SHARPS COPSE PRIMARY LUNCH MENU

Week 1 Commencing 15/04/24, 06/05/24, 03/06/24, 24/06/24, 15/07/24, 09/09/24, 30/09/24 & 21/10/24

DAY	RED CHOICE	GREEN CHOICE	Dessert
Monday	Chicken fajita with a blend of brown and white rice	Tomato Pasta	Chocolate shortbread biscuit
Tuesday	Pork Sausage with mashed potato and gravy	Sweet potato and lentil curry with a blend of brown and white rice	Fruit and jelly
Wednesday	Bubble salmon with crinkle cut wedges	Margherita pizza	Banana cake
Thursday	Slice beef and Yorkshire pudding	Vegetable wellington	Chocolate sponge cake
Friday	Baked fish fingers and chips	Roasted vegetable lasagne	Jam and coconut sponge cake

Week 2 commencing 22/04/24, 13/05/24, 10/06/24, 01/07/24, 22/07/24, 16/09/24 & 07/10/24

DAY	RED CHOICE	GREEN CHOICE	Dessert
Monday	Macaroni cheese with Somerset cheddar	Vegetarian sausage roll and mashed potato	Freshly baked shortbread biscuit
Tuesday	Chicken Katsu curry with a blend of brown and white rice	Somerset cheddar cheese and tomato quesadilla with diced potatoes	Fresh fruit wedges
Wednesday	Ham Carbonara penne pasta	Margherita pizza	Apple sponge cake
Thursday	Roast Chicken and Yorkshire pudding	Quorn and leek crown	Marble sponge cake
Friday	Baked fish fingers and chips	Plant-based burger in a bap with cheese and chips	Chocolate brownie

Week 3 Commencing 29/04/24, 20/05/24, 17/06/24, 08/07/24, 02/09/24, 23/209/24 & 14/10/24

DAY	RED CHOICE	GREEN CHOICE	Dessert
Monday	Chicken nuggets with diced potatoes	Somerset cheddar cheese, onion and potato pasty	Freshly baked marble shortbread biscuit
Tuesday	Chicken curry with a blend of brown and white rice	Plant-based sausage hotdog with diced potatoes	Apple crumble
Wednesday	Beef bolognese pasta bake	Margherita pizza	Chocolate banana cake
Thursday	Slice gammon and Yorkshire pudding	Quorn pieces in a Yorkshire Pudding	Lemon drizzle cake
Friday	Baked fish fingers and chips	Somerset cheddar cheese and potato frittata	Flapjack