



SHARPS COPSE PRIMARY SCHOOL

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Our ref: SCPN Fruit & Veg Snack

3rd September 2025

Dear Parents & Carers

I am writing to remind you of the children's daily fruit & vegetable snack provision, where we continue to provide this support free of charge with an excellent uptake by children happy to take part.

This government scheme was initially introduced for our younger children in Years R, 1 & 2 to encourage them to try different varieties of fruit and vegetables, helping them to develop their tastes and introducing them to their 5-A-Day. We as a school made the financial decision to support and include our older children in Years 3, 4, 5 & 6 so that all children are being treated fairly and equitably. This scheme has now been running successfully for a good few years.

We previously had a few concerns from parents whose children didn't like or wouldn't eat fruit or veg and were worried their child(ren) would go hungry or go without – in response to these concerns we request that they are provided with dry crackers eg, cream crackers or fruit/veg from home which they know will be eaten by their child(ren); if providing grapes that they are cut in half length-wise for children under the age of 7 to prevent choking. We will continue to encourage all children to try by offering the daily fruit & veg choices but won't force the issue if they refuse.

Please can I remind everyone that we do have children and staff at the school that have severe food allergies to nuts, kiwi and strawberries, and politely request that snacks are not sent to school containing any of these elements. Chocolate/sweet biscuit bars are not permitted at morning break.

We already hold details for children who have medically diagnosed dietary needs, but if there have been any changes please let us know by calling us or emailing adminoffice@sharpscopse.hants.sch.uk – please include your child's name in the subject heading providing us with information about any changes and we'll get back to you for more details.

If you have any concerns or queries about the content of this letter, please don't hesitate to call me on the above number where I'll be more than happy to speak with you or please catch me on the playground.

Yours sincerely

Mike Elsen
Headteacher