



# SHARPS COPSE PRIMARY SCHOOL

Headteacher: Mr M. Elsen – BEd (Hons) - NPQH

Business Manager: Mrs L. Setterfield

Prospect Lane, HAVANT, Hants, PO9 5PE  
Telephone: 023 92484545

e-mail: [adminoffice@sharpscopse.hants.sch.uk](mailto:adminoffice@sharpscopse.hants.sch.uk)  
website: [www.sharpscopse.hants.sch.uk](http://www.sharpscopse.hants.sch.uk)

Our ref: SCPN Year 5 RSHE Curriculum

28<sup>th</sup> June 2023

Dear Parents/Carers

During this term, Years 5 and 6 will be visited by Shannon Reddin who is a trained relationship, sexual health practitioner. She will be delivering specific National Curriculum objectives, which are age related, covering the following:

## Year 5

- To know about how the body changes as people approach puberty
- To discuss changing feelings and emotions in puberty- highs and lows.
- To know the scientific/correct names of male and female body parts in the context of menstruation
- To recognise, as they approach puberty, how people's emotions change at that time, and how to manage feelings towards themselves, their family and others, in a positive way

We have used the statutory RSHE curriculum (2014) and the PSHE association guidance to inform our professional approach. Each year group will be taught appropriate to their age and developmental stage. At no point will a child be taught something that is inappropriate; and if a question from a child arises and the adult feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), this information will be shared with you by your child's class teacher. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

Yours sincerely,

Mike Elsen and the Year 5/6 team.